

## **Supplementary tables**

**Supplementary Table 1.** List of collaborating centers

1	Sheffield Children's Hospital and NIHR Clinical Research Facility, Sheffield Teaching Hospital, Sheffield
2	Birmingham Children's Hospital, Birmingham
3	Royal Hospital for Sick Children, Yorkhill, Glasgow
4	Great Ormond Street Hospital, London
5	Addenbrooke's Clinical Research Centre, Cambridge
6	Bristol Royal Hospital for Children, Bristol
7	Royal Manchester Children's Hospital, Manchester
8	Oxford Children's Hospital, Oxford
9	Great North Children's Hospital, Newcastle
10	Leeds General Infirmary, Leeds
11	University Hospital Southampton, Southampton
12	The Royal London Hospital, London
13	Nottingham University Hospitals NHS Trust, Nottingham

**Supplementary Table 2.** Plasma hormone concentrations for patients and controls expressed as median with interquartile range (nmol/l). The statistical difference was explored by the Mann Whitney U test.

	17-hydroxyprogesterone		Androstenedione		Testosterone		11-hydroxyandrostenedione		11-ketotestosterone	
Groups	Patients	Controls	Patients	Controls	Patients	Controls	Patients	Controls	Patients	Controls
All	48.2(19.3-218.6)	1.57(0.8-3.0)	6.5(3.1-21.32)	2.3(1.0-3.7)	1.5(0.8-4.9)	0.83(0.3-11.0)	6.2(2.8-17.8)	2.7(1.8-4.7)	2.6(1.0-6.2)	0.9(0.6-1.4)
	$p<0.001$		$p<0.001$		$p=0.143$		$p<0.001$		$p<0.001$	
Boys	83.3(22.2-239.6)	2.2(1.2-3.8)	6.9(2.7-18.1)	1.9(1.1-3.44)	2.4(1.0-11.3)	13.5(2.2-19.4)	8.5(2.4-6.8)	3.18(1.84-9)	3.2(1.4-6.8)	1.0(0.72-1.5)
	$p<0.001$		$p<0.001$		$p=0.01$		$p=0.003$		$p<0.001$	
Girls	36.4(15.9-219.3)	1.1(0.7-2.2)	6.5(3.9-25.4)	2.6(1.0-4.1)	1.3(0.8-3.5)	0.5(0.2-0.9)	5.5(2.8-17.5)	2.6(1.8-4.3)	2.1(0.9-5.4)	0.9(0.6-1.3)
	$p<0.001$		$p<0.001$		$p<0.001$		$p=0.001$		$p<0.001$	
< 12 years	39.2(13.8-163.5)	0.84(0.6-1.3)	4.5(1.2-7.8)	0.9(0.5-1.6)	1.0(0.3-1.4)	0.2(0.1-0.5)	4.0(1.5-9.6)	2.2(1.3-2.8)	2.2(0.6-3.2)	0.6(0.4-0.9)
	$p<0.001$		$p<0.001$		$p=0.008$		$p=0.014$		$p=0.001$	
12-18 years	83.3(23.8-261.2)	2.4(1.5-3.7)	9.2(5.2-27.1)	3.4(2.3-4.6)	3.6(1.4-10.5)	2.9(0.8-17.6)	8.9(4.2-20.2)	4.2(2.0-5.5)	3.5(1.3-8.0)	1.2(0.9-1.6)
	$p<0.001$		$p<0.001$		$p=0.766$		$p<0.001$		$p<0.001$	

**Supplementary Table 3.** Salivary hormone concentrations for patients and controls expressed as median with interquartile range (pmol/l). The statistical difference was explored by the Mann Whitney U test.

	17-hydroxyprogesterone		Androstenedione		Testosterone		11-hydroxyandrostenedione		11-ketotestosterone	
Groups	Patients	Controls	Patients	Controls	Patients	Controls	Patients	Controls	Patients	Controls
All	1452(341-3053)	39(27-74)	412(135-985)	146(62-242)	49(16-143)	34(13-164)	495(225-2214)	238(151-415)	347(161-1026)	167(103-279)
	<i>p</i> <0.001		<i>p</i> <0.001		<i>p</i> =0.681		<i>p</i> <0.001		<i>p</i> <0.001	
Boys	1452(359-3011)	64(33-95)	361(127-838)	168(62-290)	70(23-204)	163(58-249)	555(231-2672)	282(171-539)	432(193-1071)	225(107-338)
	<i>p</i> <0.001		<i>p</i> =0.015		<i>p</i> =0.138		<i>p</i> =0.029		<i>p</i> =0.013	
Girls	1503(291-3815)	30(22-43)	465(127-1238)	137(63-208)	41(15-122)	16(11-27)	443(223-2233)	219(149-399)	299(141-1071)	139(103-192)
	<i>p</i> <0.001		<i>p</i> <0.001		<i>p</i> =0.006		<i>p</i> =0.002		<i>p</i> =0.002	
< 12 years	571(223-2439)	24(18-32)	145(59-424)	60(35-114)	23(8-62)	12(11-22)	329(129-1094)	162(101-239)	195(100-512)	103(71-149)
	<i>p</i> <0.001		<i>p</i> =0.005		<i>p</i> =0.512		<i>p</i> =0.011		<i>p</i> =0.006	
12-18 years	2050(357-3893)	51(35-94)	666(334-1394)	210(139-327)	93(35-198)	71(16-220)	1238(368-2630)	342(223-699)	577(254-1676)	248(167-350)
	<i>p</i> <0.001		<i>p</i> <0.001		<i>p</i> =0.573		<i>p</i> <0.001		<i>p</i> =0.001	

**Supplementary Table 4.** Partial correlations between plasma and salivary steroids, (only patients treated with hydrocortisone, n=72), controlling for time elapsed from glucocorticoid administration to sample collection and glucocorticoid dose/m<sup>2</sup>.

Spearman correlations	17OHP	A4	T	11OHA4	11KT
Without controlling for covariates	$r_s = 0.871$ $p < 0.001$	$r_s = 0.931$ $p < 0.001$	$r_s = 0.867$ $p < 0.001$	$r_s = 0.876$ $p < 0.001$	$r_s = 0.944$ $p < 0.001$
Controlling for time and dose/m <sup>2</sup>	$r_s = 0.809$ $p < 0.001$	$r_s = 0.909$ $p < 0.001$	$r_s = 0.897$ $p < 0.001$	$r_s = 0.875$ $p < 0.001$	$r_s = 0.915$ $p < 0.001$

**Supplementary Table 5.** Results of Spearman correlations between plasma and salivary concentrations for steroid hormones in patients subgroups of age and gender. (17OHP: 17-hydroxyprogesterone, A4: androstenedione, T: testosterone, 11OHA4: 11-hydroxyandrostenedione, 11KT: 11-ketotestosterone)

	17OHP		A4		T		11OHA4		11KT	
	$r_s$	$p$	$r_s$	$p$	$r_s$	$p$	$r_s$	$p$	$r_s$	$p$
<12years	0.923	<0.001	0.918	<0.001	0.796	<0.001	0.857	<0.001	0.913	<0.001
12-18years	0.861	<0.001	0.894	<0.001	0.824	<0.001	0.859	<0.001	0.962	<0.001
Boys	0.863	<0.001	0.932	<0.001	0.786	<0.001	0.899	<0.001	0.932	<0.001
Girls	0.882	<0.001	0.919	<0.001	0.923	<0.001	0.870	<0.001	0.940	<0.001

**Supplementary Table 6.** Results of Spearman correlations between plasma and salivary concentrations for steroid hormones in controls subgroups of age and gender. (17OHP: 17-hydroxyprogesterone, A4: androstenedione, T: testosterone, 11OHA4: 11-hydroxyandrostenedione, 11KT: 11-ketotestosterone)

	17OHP		A4		T		11OHA4		11KT	
	$r_s$	$p$	$r_s$	$p$	$r_s$	$p$	$r_s$	$p$	$r_s$	$p$
<12years	0.082	0.771	0.962	<0.001	-0.03	0.934	0.770	<0.001	0.834	<0.001
12-18years	0.748	<0.001	0.779	<0.001	0.838	<0.001	0.840	<0.001	0.733	<0.001
Boys	0.782	<0.001	0.961	<0.001	0.749	<0.001	0.870	<0.001	0.830	<0.001
Girls	0.419	0.037	0.941	<0.001	0.261	0.266	0.799	<0.001	0.790	<0.001

**Supplementary Table 7.** Concentrations of plasma cortisol, salivary cortisol and cortisone in patients and controls expressed as median with interquartile range (nmol/l). The statistical difference was explored by the Mann Whitney U test.

Plasma cortisol		Salivary cortisol		Salivary cortisone	
Patients	Controls	Patients	Controls	Patients	Controls
287.3 (146.4- 419.9)	258.6 (196.5 – 317.8)	14.5 (6.7-78.9)	5.7 (3 – 8)	24.6 (16.5 – 45.4)	27.3 (20.4– 34.8)
$p=0.538$		$p<0.001$		$p=0.765$	

**Supplementary Table 8.** Results of Spearman correlations between plasma androgens and cortisol, salivary cortisol and cortisone in patients with CAH.

	<b>Plasma Cortisol</b>	<b>Salivary Cortisol</b>	<b>Salivary Cortisone</b>
<b>Plasma 17-Hydroxyprogesterone</b>	$r_s = 0.346$ $p = 0.006$	$r_s = 0.097$ $p = 0.489$	$r_s = 0.228$ $p = 0.100$
<b>Plasma Androstenedione</b>	$r_s = 0.302$ $p = 0.017$	$r_s = 0.114$ $p = 0.416$	$r_s = 0.142$ $p = 0.312$
<b>Plasma Testosterone</b>	$r_s = 0.227$ $p = 0.079$	$r_s = 0.256$ $p = 0.067$	$r_s = 0.321$ $p = 0.020$
<b>Plasma 11-OHAndrostenedione</b>	$r_s = 0.642$ $p < 0.001$	$r_s = 0.416$ $p = 0.002$	$r_s = 0.390$ $p = 0.004$
<b>Plasma 11-Ketotestosterone</b>	$r_s = 0.116$ $p = 0.370$	$r_s = 0.114$ $p = 0.418$	$r_s = 0.096$ $p = 0.494$

**Supplementary Table 9.** Results of Spearman correlations between salivary androgens and cortisol, salivary cortisol and cortisone in the control group.

	<b>Plasma Cortisol</b>	<b>Salivary Cortisol</b>	<b>Salivary Cortisone</b>
<b>Salivary 17-Hydroxyprogesterone</b>	$r_s = 0.297$ $p = 0.045$	$r_s = 0.452$ $p = 0.003$	$r_s = 0.479$ $p = 0.002$
<b>Salivary Androstenedione</b>	$r_s = 0.300$ $p = 0.023$	$r_s = 0.251$ $p = 0.079$	$r_s = 0.313$ $p = 0.027$
<b>Salivary Testosterone</b>	$r_s = 0.316$ $p = 0.044$	$r_s = 0.373$ $p = 0.023$	$r_s = 0.416$ $p = 0.011$
<b>Salivary 11-OHAndrostenedione</b>	$r_s = 0.494$ $p < 0.001$	$r_s = 0.531$ $p < 0.001$	$r_s = 0.543$ $p < 0.001$
<b>Salivary 11-Ketotestosterone</b>	$r_s = 0.313$ $p = 0.017$	$r_s = 0.363$ $p = 0.009$	$r_s = 0.427$ $p = 0.002$

**Supplementary Table 10.** Plasma and salivary hormone concentrations expressed in median with interquartile range in patient subgroups based on 17-hydroxyprogesterone concentration. The statistical difference was explored by the Mann Whitney U test. (17OHP: 17-hydroxyprogesterone, A4: androstenedione, T: testosterone, 11OHA4: 11-hydroxyandrostenedione, 11KT: 11-ketotestosterone)

	17OHP within target range	High 17OHP (Undertreatment)	Low 17 OHP (Overtreatment)	Undertreatment vs. normal	Overtreatment vs. normal
<i>Plasma concentrations (nmol/l)</i>					
<b>A4</b>	4.6 (2.4-6.9)	15.0 (5.7-27.3)	2.2 (0.7-4.4)	$p<0.001$	$p=0.069$
<b>T</b>	1.1 (0.4-1.6)	3.2 (1.0-9.2)	0.9 (0.3-1.5)	$p=0.002$	$p=0.892$
<b>11OHA4</b>	3.5 (2.2-6.4)	12.7 (6.1-20.4)	1.2 (0.6-3.6)	$p<0.001$	$p=0.006$
<b>11KT</b>	1.3 (0.9-2.3)	4.2 (2.5-8.4)	0.5 (0.2-1.2)	$p<0.001$	$p=0.005$
<i>Saliva concentrations (pmol/l)</i>					
<b>17OHP</b>	362 (291-572)	2846(1762-5421)	94 (52-168)	$p<0.001$	$p=0.001$
<b>A4</b>	233 (100-415)	762 (333-1482)	59 (33-304)	$p<0.001$	$p=0.101$
<b>T</b>	26 (8-45)	94 (36-199)	23 (10-41)	$p=0.003$	$p=0.821$
<b>11OHA4</b>	358 (195-455)	2035(516-3144)	222 (50-239)	$p<0.001$	$p=0.021$
<b>11KT</b>	218 (137-387)	737(317-1863)	65 (21-274)	$p=0.001$	$p=0.043$